

## Meet our Partners

**Cornell Cooperative Extension  
Schenectady County**

**Sustainable Living Center  
and Greenhouses**



**Schenectady City  
School District**



**Schenectady arc**  
SEE ABILITY, NOT DISABILITY



**Schenectady  
Urban Farms**

## Rev Phil Food Pantry

837 Albany Street, Schenectady, NY 12307

Bags of nutritious groceries available to residents in Schenectady County

Open year-round Mondays 9-11:30AM, Wednesdays 9-11:30AM, Thursdays 9-11:30AM, and Fridays from 9-11:30AM

Photo ID, face mask, and proof of residency required for every member of household

Call for information 518-346-4445

Mass distribution of groceries is the last Thursday of each month

## Healthy Living 360

The Healthy Living 360 project is a multi-sector engagement around food systems, accessibility, and policy. This project encourages continuous and consistent community engagement and data collection around:

- Access to food (transportation, obstacles, opportunities, and current best practices)
- Cultural awareness and intercultural exchange around food (farm, greenhouse, kitchen, nutrition, health)

### Get in Touch



518.374.2683 x 109

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PO Box 1049  
Schenectady, NY 12301



# Healthy Living 360

healthy food options, access, engagement with local farmers & food distributors broadened community engagement across the food system

www.sicm.us

518.374.2683

# Welcome!

Healthy Living 360 seeks to impact 250 persons throughout Schenectady County in a free collaborative project.

## How?

1. Join other Schenectady County residents to increase access to healthy food.
2. Sign up for free classes available on healthy eating, meal prep, and cooking.
3. Participate in a cohort with free services tailored to your needs.
4. Incentives and other benefits are offered.
5. Stand up for your community! Advocate for better healthy food access for Schenectady County residents.



## Why Choose Us

You matter. How you and your family gets access to healthy food matters. This unique partnership between Schenectady Community Ministries, Cornell Cooperative Extension, SC, Schenectady City School District, and Schenectady ARC will support you and your family's specific needs. Join the cohort complete with free classes and incentives!

You're Invited to the  
1st Food Summit!

Kick off party on Saturday, April 2, 2022. 1PM-3PM SiCM Community Hub 837 Albany Street, Schenectady, 12307 Free food and information available! Sign up for programs and meet other families who are interested in having access to healthy and local food!

[www.sicm.us](http://www.sicm.us)

518.374.2683

## What is Included pick two (2)

**Up to 2 visits a month at SiCM's Rev Phil Food Pantry.** Located at 839 Albany Street in Schenectady, NY 12307, the pantry is open every Monday, Wednesday, Thursday and Friday from 9AM-11:30AM. Mobile Pantries on Mondays at MLK School every other Tuesday starting February 8th from 10:30am – 1pm.

**Seed to Supper.** Six free sessions of vegetable garden programming designed for adults who are gardening on a budget. Taught at the Sustainable Living Center, in Central Park, MLK School on Stanley Street, Schenectady, by trained Seed to Supper educators.

Tuesday, March 22, 2022, 5:30 PM - 7:30 PM

Tuesday, April 5, 2022, 5:30 PM - 7:30 PM

Tuesday, April 19, 2022, 5:30 PM - 7:30 PM

Tuesday, May 3, 2022, 5:30 PM - 7:30 PM

Tuesday, May 17, 2022, 5:30 PM - 7:30 PM

Tuesday, May 31, 2022, 5:30 PM - 7:30 PM

Contact Angie at 518-708-9567 or email [amj22@cornell.edu](mailto:amj22@cornell.edu) to sign up.

**Discovering our Food Systems, Culinary Arts Program, and 21st Century Program** for pre-enrolled students grades 3-12.

**Schenectady Urban Farms** are 3 community supported urban farms across 2 acres of land in the City of Schenectady. Learn to raise bees, small livestock including chickens and rabbits, along with sustainable growing techniques for produce and medicinal herbs.

Includes access to **SiCM Community Hub** at 837 Albany Street, Schenectady, NY 12307

Walk-In Clinic Fridays 9AM - 11:30AM

Pop-up COVID-19 Vaccine Pod (schedule subject to change)

**1-on-1 Check-In** to determine what other services are needed for you and your family.