



Food Program

Food Pantry



*Schenectady Inner City Ministries

SICM Mission: Relating the resources of the congregations to the needs of the community.

Program Vision: Everyone has access to healthy, nutritious foods.

Community Garden

- Residents grow fresh fruits and vegetables.



- Residents participate in the garden by maintaining their own plots.

Garden operates April through November.

- Economic benefit: gardeners save money and may donate extra produce to the pantry.

Food Pantry

- Bags of nutritious groceries** available to households in Schenectady County.
- Open** year-round; 9AM-11:30 Monday, Wednesday, Thursday and Friday; Third Saturday of each month 9AM-12PM.
- Contact pantry for eligibility requirements.
- Van rides home** are available to guests.
- Mass distribution** of groceries is held on the last Thursday of each month.



Support Services

- On-site help with Food Stamp/**SNAP** applications.
- Agency **referrals**.
- Information on health insurance and employment.
- Nutrition education** and food demonstrations .
- Sit & Knit:** Guests and volunteers knit together.
- Senior Connect:** Provides activities that encourage healthy food and lifestyle.
- Advocacy.**
- And more...

Volunteers are needed!!

Organizations, congregations and individuals may volunteer to assist with all services of the Food Program.

SICM Main Office
1055 Wendell Avenue
Schenectady, NY 12308
Main: 518.374.2683
Fax: 518.382.1871

SICM Food Pantry
839 Albany Street
Schenectady, NY 12307
Pantry Phone: 518.346.4445

Food Program Director: Shelly Ford
Pantry Coordinator: Ariel White
Garden Coordinator: Iva Gay,

Impact & Results—2017

- 43,663 children, adults and seniors received groceries equivalent of 390,375 meals.**
- 1,500 households received bulk groceries.**
- Over 170 volunteers support the pantry.**
- 18 gardens plots are available to residents to grow their own fresh fruits and vegetables.**

Funding provided in part by:
NYS HPNAP
Other Supporters
Regional Food Bank
Concerned for Hungry
Post Office Food Drive
Annual SICM Fund-raisers (Soup'er Bowl,
Harvest for the Pantry)
Individual Donors and Groups
Foundations
Congregations
Fox Creek & Roxbury Farms
And others

This flyer may be downloaded on www.sicm.us, What We Do?; Food Insecurity; Food Program.

PHONE: 518.346.4445